

## What to have in your hospital bag



### Mom

Heath card  
Socks  
Flip flops  
Toothbrush/paste  
Lotion, lip balm  
Eye glasses  
Brush/comb  
Change of clothes  
Underwear  
Nursing bra/top

### Dad

Drivers licence  
Change of clothes  
Flip flops  
Toothbrush  
Deodorant  
Snacks  
Water bottle  
Cell phone charger  
Camera  
Cash and change

### Baby

Car seat  
Clothes  
Blanket  
Nursing pillow  
Mittens and hat



Prepare this bag before your due date, that way when the time comes your ready!