

Oatmeal Bannock

Recipe by Healthy Living Program



Ingredients

- 5 cups flour
- 2 1/2 cups oatmeal
- 3 tbsp baking powder
- 3/4 cup powdered milk
- 3/4 cup vegetable oil
- 2 cups water

Directions

1. Mix together flour, oatmeal, baking powder and powdered milk.
2. Blend in vegetable oil until mixture looks crumbly.
3. Add water. Stir until evenly blended.
4. Pour into pan. Bake in 400 F oven for 25 minutes.